

Music Elements

The Beat is What Counts~

January/February
2022



Newsletter

Art Contest

Thank you Everyone who joined the art contest! Below are all our enteries!



Got some news that you would like to share?

Let us know if there is something you have to share in our newsletter and we will post your accomplishments so that everyone can share in the news!

Meet Our Teachers

Samantha Schulz

Samantha Schulz has been singing and performing vocally for over 20 years in a variety of church, school, and community settings. She has experience in popular music, contemporary Christian worship, musical theatre and bel canto. She is working on a Musicsamantha schulz Studies degree at UMass Lowell, sings with the UML Chamber Singers and also sings on the worship team at Life Church (formerly Excel Church) in Leominster Massachusetts. She has 3 cats, 2 kids, and 1 husband. Samantha also plays guitar and in her spare time likes to write songs.



Have you heard of this?

Zeusaphone

Imagine making music by affecting arcs of electricity. The zeusaphone does just that. Known as the "Singing Tesla Coil", the instrument creates sound by varying visible sparks of electricity to create a futuristic-sounding instrument with electronic qualities.

[Listen Here](#)



Look what's happening in February.....

National Streetcar Museum at Lowell

Date: Saturday's and Sunday's

Location: National Streetcar Museum at Lowell
25 Shattuck St, #1819, Lowell, MA 01852

Time: 11:00am-4:00pm

All Aboard! Join us at the National Streetcar Museum at Lowell and learn more about the streetcar, more commonly known as the trolley. If you or your group loves railroads, history, transit, and Lowell, this museum is for you! Children will love our interactive exhibits and displays, especially our hands-on activities. Our knowledgeable volunteers will answer any questions you have, and give you a guided tour of our displays if you would like! The average museum visit by families is 45-60 minutes.

Masks are required in the museum at this time, and we will place capacity limits on admission if this is ever needed to ensure social distancing. High touch surfaces will be frequently sanitized by museum volunteers. Hand sanitizer stations are available throughout the museum.

Admission is \$3; Seniors and youth ages 3-12 are \$2, and children under three are free. Admission for Seashore Trolley Museum members is also free! At the museum we accept cash and check; we're such a small operation that accepting credit cards would mean our admission prices would significantly increase due to the expense of accepting credit cards. Instead, we're providing this site for those who would prefer to pay by credit card for your convenience.

<https://www.nps.gov/lowe/planyourvisit/hours.htm>

Lowell Winterfest

Date: February 18th & 19th
Location: 50 E Merrimack St
Lowell, MA
Time: 8pm

Lowell's annual Winterfest weekend in downtown Lowell, Massachusetts is a fun event featuring everything from a carousel and ice-skating to an all-you-can-eat chocolate festival.



Gentle Yoga

Location: Online

Human beings are not meant to be in constant fight or flight mode. Chronic stress takes a devastating toll on our mental and physical well-being. If you are exhausted, stressed out, burnt out, or just looking to relax and nourish your mind, body, and spirit, please join me for an hour of gentle yoga.

My mission is to make yoga accessible and inclusive for everyone, regardless of race/ethnicity, age, gender, sexual orientation, income level, body size, or disability status. The primary goal of the class is to help you find a small bit of a peace and relaxation during a scary and stressful time.

Registration closes one hour before class begins.

Select a date here:

[Gentle Yoga](#)



Dulce De Leche Swirled Banana Bread

Ingredients for 8 servings

2 cups all-purpose flour
1 teaspoon baking soda
1 teaspoon cinnamon
 $\frac{1}{2}$ teaspoon salt
1 $\frac{1}{2}$ cups ripe banana
 $\frac{1}{4}$ cup butter, room temperature
 $\frac{3}{4}$ cup sugar
2 eggs
 $\frac{1}{3}$ cup plain greek yogurt
3 tablespoons dulce de leche

Nutrition Info

Preparation

Preheat the oven to 350° F (175°C).

Mix flour, baking soda, cinnamon, and salt in a bowl and mix well.

In a separate bowl, mash the bananas.

Add in butter and sugar, mix until smooth.

Add in eggs and yogurt, mix until well-combined.

Add the dry ingredients to the wet ingredients, mix until smooth.

Pour the batter into a buttered/oil-sprayed loaf pan.

Drop dulce de leche on top of the batter, then swirl gently into the batter with the tip of the spoon or fork.

Bake it for an hour and cool completely.

Slice and enjoy!



January and February Birthdays

George R	Chris C
Reyaan K	Nishtha D
Cullen W	Paul G
Erin B	Ian B
Connor N	Sarah K
Caroline K	Maeve J
Jonathan W	Arhaan S
Meagan L	Peregrine V
Lovina C	

Happy Birthday from Everyone at
Music Elements

Famous Musicians who also share Birthdays in February

- Kurt Cobain - February 20, 1967
- Dr. Dre - February 18, 1965
- Johnny Cash - February 26, 1932
- Axl Rose - February 6, 1962
- Alice Cooper - February 4, 1948
- Yoko Ono - February 18, 1933
- Ja Rule - February 29, 1976
- Garth Brooks - February 7, 1962
- Michael Bolton - February 26, 1953
- Jason Aldean - February 28, 1977
- Fats Domino - February 26, 1928



Check out our NEW Facebook

<https://www.facebook.com/musicelements>



FACEBOOK

facebook.com/musicelements



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@MusicElementsMA



INSTAGRAM

@MusicElementsMA

Music Elements has T-shirts for sale! They can be purchased at the music school for \$15.00 each.



If you don't find your name in this month's newsletter, we will try to catch you next month. Be sure to share with your instructor about your activities.

Happy New Year and Valentine's Day!

Anita, Dylan, John, Laura, Peter, Elizabeth,
Alex, Matthew, Navarre, Aleah,
Ambar, Justin, Olivia, Samantha, Bill, Chris, Aurora and Mark

